

- **Currently Unemployed?**
- **Would you like to work for yourself?**
- **Are you female and live in West Yorkshire?**



**Our FREE friendly 14-week courses start May & June 2022**



**WHAT DOES IT COST?**  
**NOTHING! It's FREE!**



**WHERE IS IT?**  
**ONLINE - Support will be provided**

### **Here's what will be included:**

- Building self-confidence and assertiveness skills
- Turning your business idea into reality
- Managing your money and selling your stuff
- Managing your stress, time and work-life balance

**Full Training Will Be Given!**

Funded by the European Social Fund and the Education & Skills Funding Agency, and supported by the Local Enterprise Partnership.





## PREVIOUS PARTICIPANTS' REVIEWS:

★★★★★

I would highly recommend the Do Your Own Thing! Programme. I found it both inspirational and challenging. The course tutors were knowledgeable and supportive, and the programme offers a great balance between taught sessions and one to one support.

★★★★★

Thank you for giving me the opportunity to attend your Do Your Own Thing programme with SEE Ahead. I have really enjoyed the programme, have learnt lots, and become more confident in areas I was previously not confident.

★★★★★

I had been thinking about starting my own business but had no idea where to start. SEE Ahead came into my life at just the right time. SEE Ahead helped me understand how to start a business, make a business plan, apply for a business loan, and find a property. Without the help of SEE Ahead's workshops, peer mentoring and one to one sessions I don't think I would have started my own business.

*Thank you, Helen. Louanne and Karen*

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We will give you flexible and tailored support to meet your own needs and circumstances

**SEE Ahead**  
SOCIAL • ECONOMIC • ENVIRONMENTAL



**Contact Louanne at SEE Ahead for more information or to book**  
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